

## This Girl Can

### Emma Simmonds – Lawn Bowls

I started playing bowls at the young age of 12, getting into the sport through my grandparents who have been playing for over 30 years. I was lucky to be part of the Victorian Under 18 squad; living away from Melbourne was hard, having to travel down to Melbourne most weekends to participate in trials to get selected to represent Victoria.

Growing up in country Victoria playing a sport that is an “old persons sport” was hard but I was lucky to have supportive friends. It was hard to play a sport dominated by men, to have to prove yourself to some people was hard, but I pushed through it and now am playing bowls in the Division One pennant side. I am very lucky to have a lot of support from friends and fellow club members.

