

## Participation in Community Sport & Active Recreation Program 2010 - 2011



**The PICSAR Program aims to increase participation in all levels of community sport and active recreation (direct participation, leadership, coaching, officiating, administering, governance or volunteering) and particularly for people with disabilities and those from low socio-economic, indigenous and new-arrival communities**



**To increase community and organisational understanding of the role of sport and active recreation in promoting diversity, social inclusion, positive health and wellbeing**

- To raise awareness of the benefits of physical activity and active recreation to all community members across the MSA region
- To build the MSA organisational capacity in the delivery of the PICSAR program across the Mallee region



**To increase community and organisational understanding of the barriers and enablers to participation for disadvantaged groups**

- To increase the knowledge and understanding of the barriers and enablers to participation for indigenous, multicultural and low socio-economic communities across the MSA region
- To build the capacity of Physical Activity Providers to include disadvantaged groups
- To influence decision makers to implement and practice change in sport and recreation in the Mallee region



**To increase the direct participation opportunities for disadvantaged groups by building individual, organisational and community capacity**

- To increase participation of new arrivals, low socio-economic and indigenous groups in the Mallee region in physical activity

**To increase indirect participation opportunities for disadvantaged groups by building individual, organisational and community capacity**

- To increase 'volunteer skills' of new arrivals in Mildura, Robinvale and Swan Hill regions



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# PARTICIPATE – FEEL GREAT!