

## ASSESSMENT AND RECOGNITION:

There is no formal accreditation gained, however participants will be assessed on the following:

- Understanding and recognition of diversity within the community
- Ability to modify activities to cater for all abilities

Upon successful completion of the workshop participants will receive a certificate of participation and can be referred to further training through specialised providers and courses.



**Mallee Sports Assembly**

**PARTICIPATE - FEEL GREAT!**

## FURTHER INFORMATION:

For more information and bookings please contact  
**Mallee Sports Assembly**

### Mildura Office

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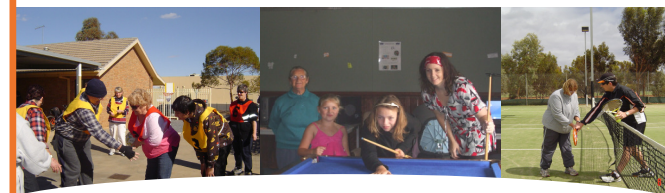
### Swan Hill Office

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### Wycheproof Office

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# INCLUSIVE CLUB COACHING WORKSHOP



**Mallee Sports Assembly**

**PARTICIPATE - FEEL GREAT!**

Presented By

**Mallee Sports Assembly**



With assistance from  
**Leisure Networks - Geelong**



## MALLEE SPORTS ASSEMBLY PHILOSOPHY

The Mallee Sports Assembly strongly advocates and encourages participation in community life by all people. Every person has the right to live and interact in a community that is Inclusive of **All** people.

Creating an inclusive community means enabling all members of the community, regardless of age, ability, income, education, sexual preference, race or religion to be active, valued participants.

### TOPICS COVERED:

- ⇒ **Barriers to participation**
- ⇒ **Clubs and groups:**
  - Why people join
  - What people bring
  - How to be welcoming
- ⇒ **Awareness of Self and Others:**
  - Stereotypes , beliefs and values
  - Celebration of diversity
- ⇒ **Good Coaching practice:**
  - Modifying activities to cater for people of all abilities
  - Practical application of tools

## THE INCLUSIVE CLUB WORKSHOP

Our Inclusive Club Workshop runs for a duration of 2 hours

- 1 hour theory component
- 1 hour practical component

(Refreshments are provided)



### TARGET AUDIENCE:

- **Coaches**
- **Volunteers**
- **Students**
- **Support Workers**

## WHAT YOU WILL GET OUT OF THE WORKSHOP

- **Improved understanding and appreciation of the diversity of community groups.**
- **Increased awareness of both self and others.**
- **Development of skills and knowledge in working with and coaching people of all abilities.**
- **Increased capacity to apply coaching practices that are inclusive, fun, safe and rewarding for all participants.**
- **Opportunity to link into other Mallee Sports Assembly programs.**

**“While we can't always choose what happens to us, we can always choose how we respond!”**